

ALLERGEN CARD

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Roast Pork Loin Pri														

INGREDIENTS: Pork Loin ; Pork (100%).

Allergen advice For allergens including Cereals containing Gluten see ingredients in **bold**.

Allergen and Nutrition Advice:

- Ingredients highlighted in bold or annotated with  are allergens that are present in this product
- **MC** = Cross Contamination risk indicating that this ingredient is present in the manufacturing site / factory or supply chain and our suppliers believe there is a significant risk that this allergen could contaminate the food. Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contamination however we cannot guarantee that our food is 100% free from a specific allergen

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BBQ Quorn Roast				✓			✓							

INGREDIENTS: Quorn Roast ; Mycoprotein (63%) Rehydrated Free Range **(Egg)** White **(Milk)** Proteins Natural Flavourings Pea Fibre. American Bbq Seasoning; Demerara Sugar Smoked Paprika Sugar Tomato Powder Salt Cumin Garlic Powder Yeast Extracts Modifiedtapioca Starch Black Pepper Coriander Chilli Flakes Green Bell Peppers Smoked Maltodextrin Silicon Dioxide (Anti-Caking Agent) Citric Acid Rapeseed Oil Modified Tapioca Starch.

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ROAST POTATOES PRI														
INGREDIENTS: Potato ; Potatoes. Rapeseed Oil ; Antifoam E900. Allergen advice For allergens including Cereals containing Gluten see ingredients in bold .														

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Gravy														
INGREDIENTS: Water. Premium Instant Gravy ; Maltodextrin Potato Starch Flavouring Salt Yeast Extract Colour (Caramel) Rapeseed Oil. Allergen advice For allergens including Cereals containing Gluten see ingredients in bold .														

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Sage Stuffing		✓ Wheat												
INGREDIENTS: Water. Sage & Onion Stuffing ; (Wheat) Flour (With Calcium Iron Niacin Thiamin) Salt Vegetable Oil (Palm Oil Sunflower Oil) Dried Onion (2.2%) Sage (1%) Parsley Raising Agent (Ammonium Hydrogen Carbonate) Yeast Sage Extract. Allergen advice For allergens including Cereals containing Gluten see ingredients in bold.														

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Chocolate Fudge Cake		✓ Wheat		✓										

INGREDIENTS: Chocolate Sauce. Water. Fairtrade Caster Sugar . Cane Sugar. Cocoa Powder. Fat Reduced Cocoa Powder (Cocoa Butter 10% Minimum). Cornflour ; Maize Starch. Phase 70% Vegetable Fat Spread ; Vegetable Oils (Palm Rapeseed Sunflower In Varying Proportions) Water Emulsifier (Lecithin Mono- And Diglycerides From Fatty Acids) Salt (1.5%) Acidifier (Lactic Acid) Flavours Colours (Beta-Carotene) Vitamins A D. Self Raising Flour ; **(Wheat)** Flour (With Calcium Iron Niacin Thiamin) Raising Agents (Sodium Bicarbonate Monocalcium Phosphates). Fairtrade Caster Sugar ; Cane Sugar. Free Range Pasteurised Whole **(Egg)** ; Hen **(Egg)**. Cocoa Powder ; Fat Reduced Cocoa Powder (Cocoa Butter 10% Minimum). Baking Powder ; **(Wheat)** Flour (With Calcium Iron Niacin Thiamin) Raising Agents (Disodium Diphosphate Sodium Hydrogen Carbonate).

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Chocolate Sauce														

INGREDIENTS: Water. Fairtrade Caster Sugar ; Cane Sugar. Cocoa Powder ; Fat Reduced Cocoa Powder (Cocoa Butter 10% Minimum). Cornflour ; Maize Starch.

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